CURRENT CONCEPTS IN MEDICATION THERAPY 2026

December 7 - 8, 2026

Live Zoom Webinar

DIVISION OF GENERAL INTERNAL MEDICINE









UW Medicine

UNIVERSITY OF WASHINGTON
SCHOOL OF MEDICINE

TARGET AUDIENCE

The Current Concepts in Medication Therapy 2026 conference is a 2-day conference focused on strengthening primary healthcare team medication treatment knowledge, team-based approaches to medication management, and providing the most up-to-date guidelines for managing common and complex medical conditions for the entire healthcare team.

COURSE DESCRIPTION

Healthcare teams face an ever-expanding and increasingly complex landscape of medications. Staying current with new drug approvals, evolving safety concerns, and emerging indications is essential yet challenging. To support clinicians in navigating today's medication formularies with confidence, this course offers timely, practical education for interprofessional healthcare teams.

Using a case-based approach, expert faculty will highlight innovations in medication therapy, review new and expanded indications, and examine clinically significant side effects and drug interactions. Each session will conclude with a panel discussion, providing participants the opportunity to ask questions and apply concepts to real-world practice.

COURSE OBJECTIVES

- Apply team-based, evidence-informed approaches within primary care to the prevention and management of common chronic conditions, including MAFLD/MASLD, cardiometabolic disease, CKD, heart failure, dyslipidemia, diabetes, obesity, and resistant hypertension, incorporating emerging therapies such as GLP-1 receptor agonists, MRAs, and combination medications to support accessible, longitudinal patient care.

- Integrate collaborative primary-care strategies for menopause and genitourinary health, including non-hormonal options, estrogen/progesterone and testosterone therapy, sexual health counseling, osteoporosis prevention, and chronic pain management, tailoring care plans to patient preferences, risk profiles, and continuity across the care team.

- Implement coordinated preventive and infectious disease practices across the primary care team, including updated immunization guidance (RSV, SARS-CoV-2, influenza), travel medicine counseling, evolving UTI classifications, and appropriate antibiotic use (including long-acting inpatient therapies), to improve safety, prevention, and care transitions.

- Optimize integrated management of mental health, sleep disorders, and substance use conditions in primary care, including depression, anxiety, PTSD, insomnia, dementia, and MOUD, using collaborative care models that leverage behavioral health, psychiatry, sleep medicine, and care coordination to support whole-person care.

- Strengthen interprofessional communication and decision-making through primary-care–based case discussions, addressing common and high-impact clinical presentations—such as dermatologic conditions, cardiology concerns, chronic pain, and headache syndromes—to improve diagnostic confidence, referral appropriateness, and follow-up planning.

- Evaluate medication and therapeutic decisions through a value-based primary care lens, including cost-effective prescribing of GLP-1 therapies (FDA-approved vs compounded), continuous glucose monitoring, cardiometabolic agents, supplements (sexual health, cognition, cardiovascular disease), and combination pills, with attention to affordability, adherence, safety, and health equity.

- Incorporate lifestyle medicine and nutrition interventions into routine primary care workflows, engaging the full care team in counseling on nutrition, physical activity, sleep health, and evidence-based supplement use to prevent and manage chronic disease and improve long-term patient outcomes.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees.

FEES AND REGISTRATION

To enroll, please register online at https://uw.cloud-cme.com/mj2704

Interprofessional Continuing Education (IPCE) at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of credits, access to online instruction materials, course logistics, and staff salaries.

If you have not received confirmation prior to the course start, please contact the IPCE office at ipce@uw.edu. IPCE will not be responsible for expenses incurred by an individual who is not confirmed.

Registration	Early Bird Until 8/31	Standard On 9/1
All Learners	$375.00	$400.00
*Resident/ Fellow/Student	$200.00	$225.00

**Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.*

Registration rates increase by $25 effective November 23, 2026.

Extended Viewing: This course will be offering CE credit for viewing the recordings of the live event. The recordings will be posted within 4 weeks after the live event. There will be an email announcing when the recordings are available and a link for the Recorded Content evaluation. The extended viewing for credit* will be available until **March 31, 2027** at 11:59 pm PST. Please contact the IPCE office if you have any questions or issues, ipce@uw.edu.

**ACPE credit unavailable for extended viewing*

ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on **November 23, 2026**, for registrants to print and/or download. A digital booklet with the conference agenda and pages for note-taking will be uploaded with the course materials.

ACCREDITATION

Accreditation: In support of improving patient care, The University of Washington School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation: The University of Washington School of Medicine designates this live with extended viewing activity for a maximum of **14.5** *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for a maximum of **14.5** ANCC contact hour(s) (**9.25** CNE pharmacotherapeutic contact hours). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for **14.5** ACPE contact hour(s). Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor® within 60 days after the activity completion. Per ACPE rules, the University of Washington School of Medicine does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD)) to receive credit.

Universal Activity Numbers:
JA0000336-0000-26-007-H01-P
JA0000336-0000-26-007-H01-T

This activity was planned by and for the healthcare team, and learners will receive a maximum of **14.5** Interprofessional Continuing Education (IPCE) credits for learning and change.

CANCELLATION POLICY

The Interprofessional Continuing Education (IPCE) Office must receive written notification of your cancellation by **November 23, 2026**. A $75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after November 23, 2026.

The IPCE Office reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact the IPCE team with questions call 206.543.1050, fax 206.221.4525, or email ipce@uw.edu.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
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Stephanie Wang, ND, LAc
Teaching Associate
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Monday, December 7, 2026

8:00 Welcome and Introduction | *Srirama Josyula, MD & Nina Tan, MD*

8:05 ADHD Prescribing and Management | *Clayton English, PharmD, MS*

8:45 Sleep Medicine | *Catherine McCall, MD*

9:25 Panel Discussion | *Clayton English, PharmD, MS & Catherine McCall, MD*

9:35 **BREAK**

9:50 Updates in Dysplipidemia Management| *Owen Thompson, MD*

10:30 Combo Pills (Cardiovascular) Guideline Review | *Alexandra Deng, PharmD, BCACP*

11:10 Management of Congestive Heart Failure and Coronary Artery Disease| *Cooper Kersey, MD*

11:50 Panel Discussion | *Owen Thompson, MD, Alexandra Deng, PharmD, BCACP, Cooper Kersey, MD*

12:00 **LUNCH**

1:00 Management of Dermatologic Conditions | *Song Park, MD*

1:40 Updates on Primary Prophylaxis for Esophageal Varices | *Abbey Barnard Giustini, MD, MPH*

2:20 Panel Discussion | *Song Park, MD & Abbey Barnard Giustini, MD, MPH*

2:30 **BREAK**

2:45 Long-Acting Lipoglycopeptides | *Jehan Budak, MD*

3:25 Medications for Opioid Use Disorder (MOUD) | *Laura Pugh, MD*

4:05 Chronic Pain Management | *Jacob Gross, MD*

4:45 Panel Discussion | *Jehan Budak, MD ; Laura Pugh, MD; & Jacob Gross, MD*

4:55 **ADJOURN**

All times listed are in Pacific Time

Tuesday, December 8, 2026

8:00 Welcome Back | *Srirama Josyula, MD & Nina Tan, MD*

8:05 Prescribing GLP-1s | *Josh Thaler, MD, PhD*

8:25 Nutritional Changes After Prescribing GLP-1s | *Lingtak-Neader Chan, PharmD*

8:45 Lifestyle Changes After Prescribing GLP-1s | Lingtak-Neader Chan, PharmD

9:05 Panel Discussion | *Josh Thaler, MD, PhD and Lingtak-Neader Chan, PharmD*

9:35 **BREAK**

9:50 Fertility and Infertility | *Rebecca Chung, MD, FACOG*

10:30 Menopause and Hormones | *Emalee Danforth, ARNP, CNM, MSN*

11:10 Men's Reproductive Health | *John K. Amory, MD, MPH, MSc*

11:50 Panel Discussion | *Rebecca Chung, MD, FACOG, Emalee Danforth, ARNP, CNM, MSN, and John K. Amory, MD, MPH, MSc*

12:00 **LUNCH**

1:00 Supplements - Sexual Health and Cognition | *Stephanie Wang, ND, LAc*

1:40 UTI Classifications | *Chloe Bryson-Cahn, MD*

2:20 Panel Discussion | *Stephanie Wang, ND, LAc & Chloe Bryson-Cahn, MD*

2:30 **BREAK**

2:45 Updates in Travel Medicine | *Lisa Garza, PharmD*

3:25 Lifestyle Medicine | *Emily Godfrey, MD, MPH*

4:05 Panel Discussion | *Lisa Garza, PharmD & Emily Godfrey, MD, MPH*

4:15 Medication Therapy, New Drugs, and Approvals | *Chris Knight, MD, FACP*

4:55 **ADJOURN**

All times listed are in Pacific Time